The University of Connecticut

School of Pharmacy

Presents the

**Henry A. Palmer C.E. FINALE 2024**

**Aged to Perfection:**

**Pharmacist Strategies for Elder Care Excellence**

A LIVE (both virtual and in-person) application and knowledge-based continuing education activity for practicing pharmacists in all settings

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**Friday, December 13, 2024**

**7:30 am to 5:00 pm eastern time  
Sheraton Hartford South**

**Rocky Hill, CT**

This activity allows pharmacists to select from a wide array of continuing education activities, including sessions designated as law (3 sessions), immunization (1 session-TBD), patient safety (1 session) and opioids/pain (1 session). Participants may select from one to eight hours, choosing topics that best meet their needs.

*7:30-8:00 a.m*. - **Registration and Check-In/Sign-In**

*8:00-8:05 a.m.* - **Opening Remarks-** Philip Hritcko, Dean, School of Pharmacy

*8:05-8:10 a.m.* – **Operational Instructions**-Jeannette Y. Wick, Director, OPPD

**8:10-9:10 a.m. –** **Law: Medical-Legal Considerations of Aging Patients for Pharmacists**

Jennifer A. Osowiecki, RPh, JD, Cox & Osowiecki, LLC, Hartford, CT

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| At the conclusion of this presentation, **pharmacists** will be able to |
| 1. List at least three common medical-legal concerns associated with aging.  2. Identify what constitutes elderly abuse or neglect and describe whether the pharmacist has a reporting obligation.  3. Discuss the likelihood of polypharmacy and measures that pharmacists can employ to facilitate better medication management and compliance for elderly patients and their caregivers. |

0009-0000-24-042-L03-P (0.1 CEU or 1 contact hour) (application-based)

**9:15-10:15 a.m. – Law: Seniors Self-Diagnosing and Treating: A Brave (and scary) New World**

*C. Michael White, PharmD, FCCP, FCP, BOT Distinguished Professor and Chair of Pharmacy* *Practice University of Connecticut School of Pharmacy, Storrs, CT*

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| At the conclusion of this presentation, **pharmacists** will be able to |
| 1. Describe the reasons seniors are increasingly diagnosing and treating themselves with therapies 2. Describe the legal and regulatory pathways that provide seniors access to therapies outside the drug supply chain 3. Describe the ways that pharmacists can recommend dietary supplements that are free of adulterants and contaminants 4. Describe the risks associated with self-treatment with dietary supplements, “peptides,” and counterfeit drugs |

0009-0000-24-044-L03-P (0.1 CEU or 1 contact hour) (Knowledge-based)

**10:20-11:20 a.m. –** **Balancing Safety and Efficacy: Addressing Medication Dilemmas in Older Adults**

*Christina Polomoff, PharmD, BCACP, BCGP, FASCP, Population Health Clinical Pharmacist, Associate Clinical Professor, University of Connecticut School of Pharmacy, Storrs, CT*

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| At the conclusion of this presentation, **pharmacists** will be able to |
| 1. Analyze pharmacokinetic and pharmacodynamic changes associated with aging 2. Identify opportunities for deprescribing and medication management 3. Use evidence-based tools and strategies to optimize medication regimens, applying deprescribing frameworks and decision aids in real-world geriatric care |

0009-0000-24-043-L01-P (0.1 CEU or 1 contact hour) (Application-based)

**11:25-12:25 p.m. - Immunization: Our Best Shot - Tips and Tools to Vaccinate Older Adults**

*Jack Vinciguerra, PharmD, Express Scripts, Clinical Program Advisor, St. Louis, MO*

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| At the conclusion of this presentation, **pharmacists** will be able to |
| 1. RECOGNIZE appropriate vaccine recommendations for the older adult population 2. IDENTIFY potential barriers to vaccinations 3. ANALYZE current methods used to improve vaccination rates 4. DISCUSS ways to improve vaccine compliance in your patient population |

0009-0000-24-047-L06-P (0.1 CEU or 1 contact hour) (Application-based)

**12:25-12:45 p.m. – BREAK. Light snacks will be served.**

**12:45-1:45 p.m. –** **Opioids: Impact of Palliative Care on *Total Pain* in the Older Adult**

*Megan Mitchell, PharmD, MS, Pharmacy Clinical Coordinator Pain Management and Palliative Care, University of Connecticut Healthcare, Farmington, CT*

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| At the conclusion of this presentation, **pharmacists** will be able to |
| 1. Describe Palliative Care and its importance in the healthcare system today 2. Define the concept of “*total pain*” and the importance of whole person care in pain and symptom management 3. Recognize the physiologic changes that occur with aging and how those impact pain and symptom management 4. Determine the role of the pharmacist in *total pain* management in the older adult |

0009-0000-24-046-L08-P (0.1 CEU or 1 contact hour) (Application-based)

**1:50-2:50 p.m. – Patient Safety: Cheers to the Beers: Unpacking the Latest Updates for Safer Prescribing**

*Kelsey Giara, PharmD, Freelance Medical Writer, Pelham, NH*

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| At the conclusion of this presentation, **pharmacists** will be able to |
| 1. Review the role of the Beers Criteria in reducing potentially inappropriate medication (PIM) use and enhancing patient safety in older adults 2. Identify recent updates to the Beers Criteria and their implications for medication management in geriatric care 3. Apply the updated Beers Criteria to real-world scenarios, optimizing medication selection and minimizing risks in older adults |

0009-0000-24-045-L05-P (0.1 CEU or 1 contact hour (Application-based)

**2:55-3:55 p.m. – Beyond Memory Loss: Mastering the Management of Behavioral Symptoms in Dementia**

*Kristin Waters, PharmD, BCPS, BCPP, Assistant Clinical Professor, UConn School of Pharmacy, Storrs, CT*

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| At the conclusion of this presentation, **pharmacists** will be able to |
| 1. Identify clinical characteristics of the behavioral symptoms of dementia (BSD) including agitation, psychosis, and sleep disturbances 2. Discuss medications currently used in the management of BSD along with emerging pharmacologic therapy options 3. Determine the most appropriate pharmacologic treatment option for a patient with behavioral symptoms of dementia based on patient-specific factors |

0009-0000-24-048-L01-P (0.1 CEU or 1 contact hour) (Application-based)

**4:00-5:00 p.m. – LAW: Call 1-800-Get-Cash Fast: Drug-Related Advertisements about Litigation** *Jeannette Y. Wick, RPh, MBA, Director Office of Professional Pharmacy Development, UConn School of Pharmacy, Storrs, CT*

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| At the conclusion of this presentation, **pharmacists** will be able to |
| 1. Explain common terminology associated with commercials targeting older Americans 2. Describe legal processes associated with lawsuits generated against companies that make products alleged to cause harm 3. Discuss generalities in potential lawsuits associated with media promotion campaigns 4. Identify areas where no information is available to provide good, valid answers for patients who ask questions |

0009-0000-24-049-L03-P (0.1 CEU or 1 contact hour) (Application-based)

**CE FINALE ENCORE WEBINARS AVAILABLE**

If you find you cannot make it to our LIVE EVENT on Friday, December 13th, you can participate in our 6 ENCORE LIVE WEBINARS that will be streamed on the following dates:

* Monday, December 16, 12:00 (Noon) - 1:00 pm – **Seniors Self-Diagnosing and Treating: A Brave (and scary) New World**
* Monday, December 16, 7:00 pm - 8:00 pm – **Patient Safety: Cheers to the Beers: Unpacking the Latest Updates for Safer Prescribing**
* Monday, December 16, 8:10 pm – 9:10 pm – **Immunization: Our Best Shot - Tips and Tools to Vaccinate Older Adults**
* Tuesday, December 17, 12:00 (Noon) - 1:00 pm – **Opioids: Impact of Palliative Care on *Total Pain* in the Older Adult**
* Tuesday, December 17, 7:00 pm-8:00 pm – **Law: Call 1-800-Get-Cash Fast: Drug-Related Advertisements about Litigation**
* Wednesday, December 18, 12:00 pm-1:00 pm – **Beyond Memory Loss: Mastering the Management of Behavioral Symptoms in Dementia**

**Registration Information**

Online: <https://ce.pharmacy.uconn.edu/henry-a-palmer-ce-finale/>

**A continuous class schedule format will be used. This format does not include breaks but does include a 20 minute lunch period.**

**Refunds and Cancellations:** The registration fee, less a $75 processing fee, is refundable for those who cancel their registration three (3) days prior to the program (by December 10) After that time, no refund is available.

**Location:** The Henry A. Palmer C.E. Finale will be held both virtually or in-person. You must sign in to the Webex link at the designated time using the link in your confirmation email if you decide to participate virtually.

**Continuing Education Units**

 The University of Connecticut, School of Pharmacy, is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Statements of Credit will be awarded at CE Finale based on full sessions attended and completed online evaluations. Pharmacists can earn up to 8 contact hours (0.80 CEU) two of which are law credits, and one is an Immunization Credit and one is a Patient Safety Credit.

**Please Note**: Pharmacists who wish to receive credit for the presentations MUST ACCURATELY complete the registration and online evaluations within 45 days of the live program (before January 27, 2025). Participants are accountable for their own continuing education requirements for license renewal and are required to follow up with [joanne.nault@uconn.edu](mailto:joanne.nault@uconn.edu) to resolve a discrepancy in a timely manner. **PLEASE CHECK YOUR CPE MONITOR PROFILE within 3 days of submission to assure that your credits have been properly uploaded. Requests for exceptions will be handled on a case-by-case basis and may result in denial of credit.**

**Activity Support: There is no funding for this program.**

**Registration Form – ONLINE PLEASE, our check processing process is quite slow.**

Henry A. Palmer C.E. Finale 2024 - December 13, 2024, and CE Finale Encore Webinars December 16-18, 2024. Registration AFTER December 10, will incur a $25 late fee.

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Bus/Home Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_NABP e-profile ID \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Company/Organization \_

**Event Registration Information:**

**Please register me for the sessions/times as checked below:**

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| Time | Topics | CEUs | Time | Topics | CEUs |
| 8:10–9:10 | Law: Aging Pts. | 0.1 | 12:45–1:45 | Opioids | 0.1 |
| 9:15–10:15 | Law: Self Diagnosing | 0.1 | 1:50–2:50 | Immunization | 0.1 |
| 10:20–11:20 | Balancing meds | 0.1 | 2:55–3:55 | Dementia | 0.1 |
| \_\_\_\_\_11:25–12:25 | Pt. Safety: Beers | 0.1 | \_\_\_ 4:00–5:00 | Law-1-800 | 0.1 |

**Registration Fees: 50% discount for UConn faculty/preceptors**

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| One Hour | (0.1 CEUs) | $60.00 | Five Hours | (0.5 CEUs) | $120.00 |
| Two Hours | (0.2 CEUs) | $75.00 | Six Hours | (0.6 CEUs) | $135.00 |
| Three Hours | (0.3 CEUs) | $90.00 | Seven Hours | (0.7 CEUs) | $150.00 |
| Four Hours | (0.4 CEUs) | $105.00 | Eight Hours | (0.8 CEUs) | $165.00 |

Please note with our new online registration for CE Finale and electronic distribution of your statement of credit to CPE Monitor, you MUST attend the sessions for which you registered.  If for some reason you attend different activities, you MUST notify us. Otherwise you will not be able to access the system or receive appropriate credit for your continuing education.

*Fees will be calculated for total hours.*

Total Amount Due \_\_\_\_\_\_\_\_\_

**Encore Webinar Registration Information (Dec 16-18, 2024):**

Online: https://ce.pharmacy.uconn.edu/henry-a-palmer-ce-finale/ Or by mail using the registration form below.

Opioids \_\_\_\_\_ Immunization \_\_\_\_\_

Law: Self-diagnosis \_\_\_\_\_ Dementia \_\_\_\_\_

Pt. Safety: Beers \_\_\_\_\_ Law: 1-800 \_\_\_\_\_

# Webinars \_\_\_\_\_\_ x $25 = $\_\_\_\_\_\_\_\_Amount Due

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| **Remit check payment to:**  Remit payment to:  UConn School of Pharmacy – Attn: Joanne Nault  69 N. Eagleville Road Unit 3092  Storrs, CT 06269  **PLEASE REGISTER ON-LINE IF AT ALL POSSIBLE, OUR CHECK PROCESSING IS SLOW.** |  |  MasterCard  Visa  Discover  Amex  *If paying by credit card, charges will appear as UConn Marketplace on your credit card statement.*  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Credit Card Number Exp. Date (MM/YY) Security Code  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Name Exactly as it Appears on Card  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Credit Card Billing Address  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  City State Zip |