





Learning Objectives

EXAMINE veterinary pharmacy challenges, including species specific pharmacokinetics, patient adherence, drug availability, and contraindications

DISCUSS key compounding principles, including the benefits and risks of different routs of administration, excipients, and flavoring agents

LIST labeling requirements for veterinary compounding

Pet Categories



Household/ Companion pets: dogs, cats



Pocket pets: gerbil, guinea



Recreational/ work: oxen, horses



Food: cattle, pigs, poultry



Exotics/zoo animals



Birds



Pets are family

- 65.1 Million households with dogs
- 46.5 Million households with cats
- 11.1 Million with freshwater fish
- 6.7 Million with small animals
- 6.1 Million with birds
- 6 Million reptiles
- 2.2 Million horses

66% of households own pets: Increase due to Covid 19, with everyone home and pet insurance more readily available

Forbes.com/advisor/pet-insurance/pet-ownership-statistics

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Average Cost of Owning a Pet

Dog: \$1557.00/ year

Veterinary costs: \$479.00 Pet insurance: \$550.00 Food: \$350.00 Grooming: \$99.00 Toys: \$79.00

Cat: \$970.00/ year

Veterinary costs: \$250.00 Food: \$310.00

Pet insurance: \$ 360.00

Toys: \$50.00

Dog walking, dog daycare

ADDITIONAL COSTS

Boarding 1 week: \$253.00 Birthday cakes, presents, Clothing, costumes, Behavioral training,



Forbes.com/advisor/pet-insurance/pet-ownership-statistics

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Multi Billiondollar Industry (2022)

- \$136.8 billion spent on pets, up from \$123.6 billion in 2021
- \$31.5 billion spent on supplies, live animals, and over the counter medications
- Pet prescription medications: \$13.99 billion in 2022
- 42% of owners can't cover an unexpected veterinary bill of \$999 or less without going into debt

Forbes.com/advisor/pet-insurance/pet-ownership-statistics

1991 American Veterinary Medical Association (AVMA): "A veterinarian shall honor a clients request for a prescription or veterinary feed directive in lieu of dispensing"

It is unethical and unlawful for Veterinarians to write a prescription outside of the veterinary/client relationship

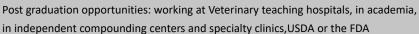
Use of prescription drugs in veterinary medicine | American Veterinary Medical Association (avma.org)

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2251 Veterinary Pharmacies in the US

Veterinary Pharmacy PG1 Residencies:

- Purdue- 1 spot
- NC State- 2 spots
- Texas A&M 1 spot
- · University of Wisconsin- 1 spot
- University of Illinois- 1 spot
- UIC Chicago- 1 spot at UI



American College of Veterinary Pharmacists, https://vetmeds.org



Challenges of Filling Prescriptions

- Veterinarians DO NOT have NPI numbers.
 - NPI numbers are for human healthcare providers, for billing Medicare/Medicaid
- Not all Veterinarians have a DEA number.
 - They cost money to obtain
- Veterinarians DO have a state license number
 - May create problems with retail computer systems since it is a different number of digits
- Most veterinarians DO NOT have access to electronic prescription technology.

https://www.drugtopics.com/view/veterinary-prescriptions-made-easy

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Pharmacists speak a different language

Human Medicine
QD= Once daily
QOD= every other day

Veterinary Medicine SID= Once daily EOD= every other day

SID often transcribed as BID or QID

TIW (3x /week) often transcribed as TID



https://www.fda.gov/animal-veterinary/resources-you/microgram-prevention-worth-milligram-cure-preventing-medication-errors-animals

Pharmacists may be unaware of areas where they are legally prohibited from engaging:

Pharmacists

- may have inadequate veterinary pharmacotherapy training
- cannot legally recommend OTC products for veterinary patients without a veterinarian's recommendation or prescription

Pharmacists

- are legally required to offer counseling before dispensing a new prescription
- know human medicine but may lack knowledge or lack the resources to find veterinary information

May lead to inappropriate counseling

https://www.drugtopics.com/view/veterinary-prescriptions-made-easy

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Create a working relationship with your local veterinarian

- To discuss appropriate treatment regimens for pet patients according to its species, age and size
- To choose the appropriate vehicle, dosage form, flavoring agents, and preservatives







Pet Medications to Know (for dogs and cats)

Antibiotics: Doxycycline, trimethoprim-sulfa, amoxicillin-clavulanic acid, metronidazole, cephalexin, enrofloxacin, penicillin, clindamycin

Non-steroidals/anti-Inflammatories: Carprofen, meloxicam, firocoxib, robenacoxib

Opioids/Pain: Oxycodone, butorphanol, meperidine, fentanyl, gabapentin

Steroids: Prednisone, prednisolone, dexamethasone

 $\textbf{Behavior Modifiers:} \ \textbf{Diazepam, fluoxetine, trazodone, alprazolam, clomipramine}$

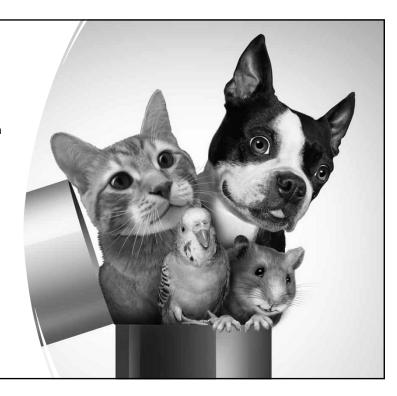
Others: Insulin, levothyroxine, methimazole, atenolol, digoxin, sildenafil

pbahealth.com

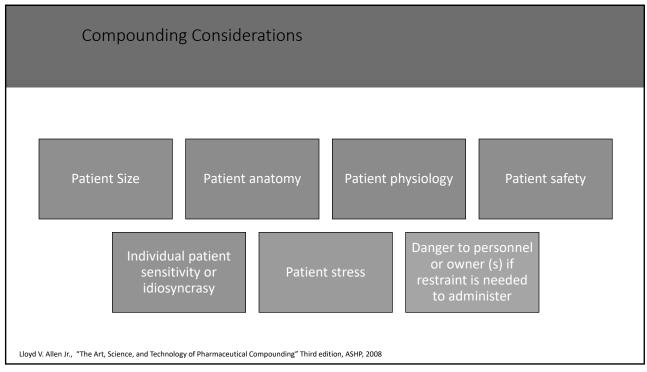
Crossover Medications

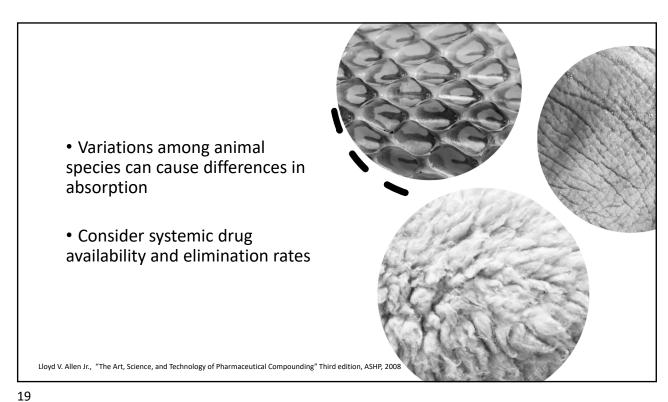
- This category of drugs serves both human and animal patients at different doses.
 - Doxycycline
 - Enalapril
 - Fluoxetine
 - Furosemide
 - Gabapentin
 - Omeprazole
 - Ondansetron
 - Phenobarbital
 - Tramadol
 - Zonisamide

pbahealth.com



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Active learning!

Farmer Brown's large Maine Coon cat needs fluoxetine. Considering size, anatomy, and skin absorption, which animal would require a similar dose of fluoxetine transdermal gel?

- A. A small terrier dog
- B. A medium sized Sphynx (hairless) cat
- C. A large barn owl



Mr. Whiskers is a domestic American cat. He weighs 6.3 pounds, although he needs to gain at least 3 pounds. He needs medication for his heart condition, and the veterinarian wants to prescribe lisinopril 0.25 mg/kg once daily. YIKES! You calculate that Mr. Whiskers weighs 2.9 kg and needs a dose of 0.725 mg of lisinopril. Can you compound this dose?

- A. No, the veterinarian needs to find a different medication
- B. Yes, but it would be easier to give 1.5 mg every other day
- C. Yes, because a commercial product is unavailable in this strength

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When to compound? Overall treatment goals? What is known about the physical and chemical compatibility of the drugs? Stability of the drug or drugs? Are similar products available on the market? Apet or food animal? Any humans handling hazards? Can a device be utilized?

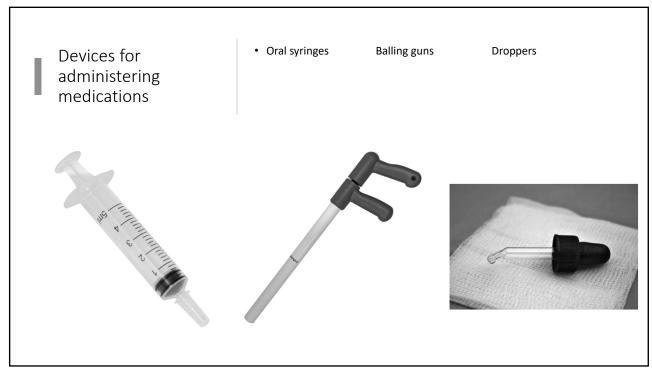
When to Compound?

- When a commercial product is unavailable
 - drug recalls, shortages, or yet to be developed
- When an approved drug needs to be modified
 - lack of appropriate size, formulation, or route
- When the likelihood of nonadherence is high
 - combining drugs, stronger dosage, or taste factor



Compounding: FAQs for veterinarians | American Veterinary Medical Association (avma.org)

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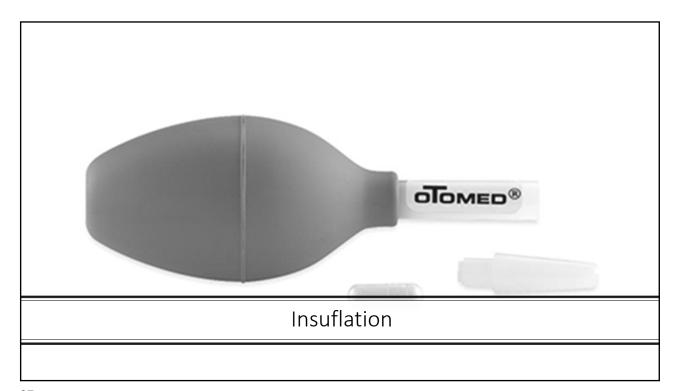




Transdermal Administration Pens, Patches, or Topical Use







Dust bags Pour on Spray on Percutaneous devices Implants Pole mounted syringes Syringe guns and darts

ACTIVE LEARNING!

Your 30-pound hound, Bosco, is begging to eat the food you left on your plate after dinner. In keeping with your house rule <u>never</u> to feed the dog from the table, you take your plate to the sink and get Bosco's bowl. Which of the following things should you throw in the trash rather than feed to Bosco?

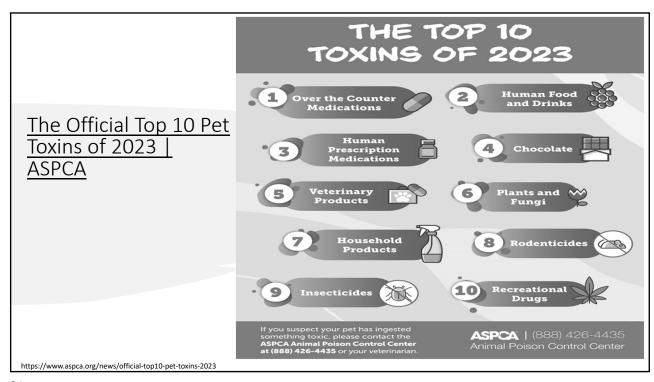
- A. The piece of grilled, boned ribeye steak
- B. The grapes and raisins on the salad
- C. The plain baked potato with yogurt



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Human foods that should not be given to pets

Food item	Type of pet	Toxicity/ reasoning	
Avocado	Dogs, cats, chickens, horses, cows, pet birds	Persin-oil fungicide	
Onions, chives, garlic (allium family)	Dogs, cats, chickens, rabbits	Sulfites. disulfides	
Chocolate	Dogs, cats, horses, rabbits	Theobromine & caffeine	
Citrus fruits	Cats, chickens	Citric acid, essential oils-irritate CNS, tremors/seizures	
Cinnamon	Dogs, Cats	Throat irritant	
Grapes, raisins	Dogs, cats, rabbits	Kidney failure	
Macadamia nuts People Foods Pets Should Never Eat, ASPCA pro, http	Dogs, cats ps://www.aspcapro.org/resource/people-foods-pets-sho	Toxicity unknown	



Factors that Influence Toxicity

- Absorption, metabolism, elimination
- Dose of toxin per body weight
- Animals age, size, nutritional status
- Stress level, overall health
- Young animals- not fully developed
- Evolution:
- Dogs-Opportunistic gorgers
- Cats Picky eaters

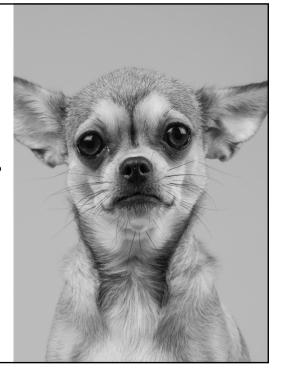


The Official Top 10 Pet Toxins of 2023 | ASPCA

ACTIVE LEARNING!

Your client, Venice Marriot, needs to have a medication compounded for her teacup chihuahua Tokyo. Venice indicates that she and Tokyo prefer medications that are pink. After discussing the pros and cons of compounding with color, which food coloring should you use to make a pink oral solution?

- A. Natural beet extract
- B. FD&C Red No. 3
- C. Neither



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YW0

Sweeteners

Xylitol: contains 2/3 calories of sucrose, mild increased saliva effect

Extremely toxic to Dogs

- Quickly released into blood stream
- Causes immediate & potent release of insulin
- Leads to severe hypoglycemia, liver failure, seizures, coma, death
- 1 piece of sugar free gum or 1 breath mint can be fatal to a 10 lb. dog

Xylitol is in everything: BBQ sauce, candy, gum, jam, ketchup, **peanut butter**, cough syrup, deodorant, shampoo, laxatives, skin care products, toothpaste, ODT tablets, prescription medications, gabapentin oral solution

What Artificial Sweeteners Are Bad for Dogs?: Artificial Sweetener Safety (akc.org)



JYW0 Needs a reference

Jeannette, 2024-04-02T15:29:47.403

Sugar substitutes

- Aspartame (Equal) blue packet
- Erythritol non caloric
- Saccharin (Sweet & Low) pink packet
- Stevia (Truvia) -green packet
- Sucralose (Splenda) yellow packet
- Monk fruit- newer, similar to stevia



What Artificial Sweeteners Are Bad for Dogs?: Artificial Sweetener Safety (akc.org), https://www.akc.org/expertadvice/nutirition/artificial-sweetener-safety-for-dogs

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Corn Syrup?

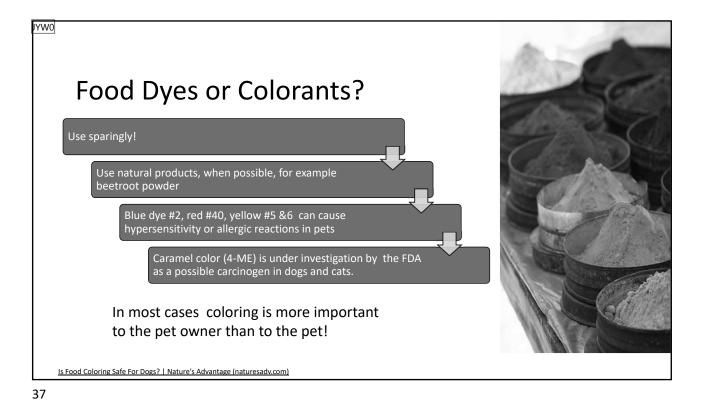
Cheap, humectant, sweetener and flavoring agent all in one

found in many dog cookies, but...

- · Can be addictive!
- Can increase blood sugar significantly
- Better: vegetable-based glycerin (e.g., coconut glycerin) or molasses, stevia, or honey



<u> Karo Syrup for Dogs - Uses, Advantages, & Disadvantages - The Dogs Journal</u>, https:thedogsjournal.con



YW0

Preservatives and Additives

AVOID:

- Butylated hydroxy anisole (BHA) added to fats & oils, carcinogens
- Butylated hydroxytoluene (BHT) can cause liver/kidney damage
- Ethoxyquin, a preservative/hardening agent. Also used in pesticides & rubber. Illegal to use on humans
- Propylene glycol, a humectant. Extremely toxic to cats
- Polysorbate 80 (Tween 80), surfactant used in soaps or excipient to stabilize aqueous formulations.
 - · Causes allergic reactions, tachycardia, can lean to anaphylactic reaction
- Essential Oils (tea tree oil, peppermint oil, eucalyptus) can be toxic, especially to cats (continual groomers) lethargy, depression, ataxia, tremors, seizures, or death

Stick to natural products:
Ascorbic acid
Citric acid
Lemon, Honey
Vitamin E

Most fragrances are added to please the owner, not the pet

https://www.dog food in sider.com/need-know-preservatives

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JYW0 Needs a reference

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JYW0 Needs a reference

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Chewable Treat Base (100g)

Powdered Animal Food 65 g Gelatin base, melted qs 100 g **Active Drug** qs

Melt the gelatin base Incorporate powdered food Add active drug and mix well Pour into molds and allow to set

Lloyd V. Allen Jr., "The Art, Science, and Technology of Pharmaceutical Compounding" Third edition, ASHP, 2008

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JYW0

Basic Oral Paste Formula (100 g)

	Formula 1	Formula 2	Formula 3
Polyethylene glycol 300	65 g	25 g	
Polyethylene glycol 3350 (powder)	35 g	25 g	25 g
Propylene glycol		50 g	25 g
Molasses (for horses)			50 g

Polyethylene glycol formulas are prepared by heating to a temperature of about 70 degrees C followed by cooling and stirring Propylene glycol in formula 2 should be added while the preparation is hot

Add API when cooled

Lloyd V. Allen Jr., "The Art, Science, and Technology of Pharmaceutical Compounding" Third edition, ASHP, 2008

JYW0 Check format. You're better off to use an actual table for this slide Jeannette, 2024-04-01T20:38:25.740

Active learning!

Which of these basic oral paste formulas would be best to use for Farmer Brown's cat?

- A. Formula 1
- B. Formula 2
- C. Formula 3



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USP<795>

- In effect November 1, 2023
- Designated Person
- More Focus on cleanliness
- Manufacturing & compounding records
- Training



(795) Pharmaceutical compounding-nonsterile preparations $\underline{\text{USP General Chapter 795} \mid \text{USP https://www.usp.org/compounding/general-chapter-795}$

JYW0

Flavoring

Cats: not too sweet, but not bitter: fish, cod liver oil, tuna, sardines, salmon, beef, chicken, cheese, bacon,

peanut butter, butterscotch

Dogs: Meats & sweets: bacon, beef, liver, chicken, turkey, cheese, peanut butter, molasses, caramel, anise, marshmallow, raspberry, strawberry, honey



Lloyd V. Allen Jr., "The Art, Science, and Technology of Pharmaceutical Compounding" Third edition, ASHP, 2008

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JYW0

Flavors

Birds: Fruity Flavors: Banana, grape, orange, raspberry, tangerine, tutti-frutti, pina colada

Gerbil: Sweet and fruity. Banana cream, orange, peach, tangerine, tutti-frutti

Goats: Molasses, honey, apple, caramel, cherry

Horses: apple, apple/Caramel, cherry, butterscotch, molasses, maple, eggnog, honey, anise/licorice

Iguana: Must smell good. Poor sense of taste. Banana, cantaloupe, kiwi, orange, tangerine, watermelon, other melons

Poultry: Cantaloupe, corn, meal, milk, vanilla, butternut, watermelon

Rabbits: Find their favorite fruit or veggie and use it. Banana cream, carrot, celery, lettuce, parsley, pineapple, vanilla, butternut

Lloyd V. Allen Jr., "The Art, Science, and Technology of Pharmaceutical Compounding" Third edition, ASHP, 2008



Slide 43

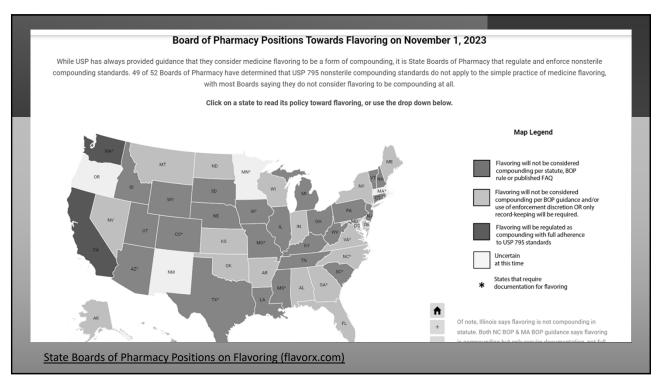
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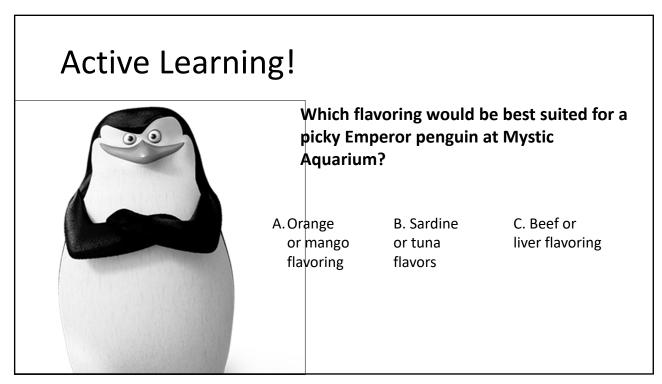
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FDA (FD&C act)

- Allows animal drug compounding when the source of active ingredient is a finished FDA approved drug and not a bulk drug substance (BDS)
- BDS: Used to make a drug that becomes an active ingredient in the drugs finished dosage form (aka API)
- FDA BDS list for use in veterinary products: effective April 2023 Separate lists for food producing animals, wild-life, and pets
- Exceptions: a BDS can be used when a commercial product is unavailable or is inappropriate for animal use.
 - An FDA approved drug may have excipients or preservatives which an animal cannot tolerate (Xylitol)
 - Dose may be too large or flavoring unacceptable



Animal Drug Compounding | FDAhttps://www.fda.gov/animal-veterinary/unapproved-animal-drugs/animal-drug-compounding

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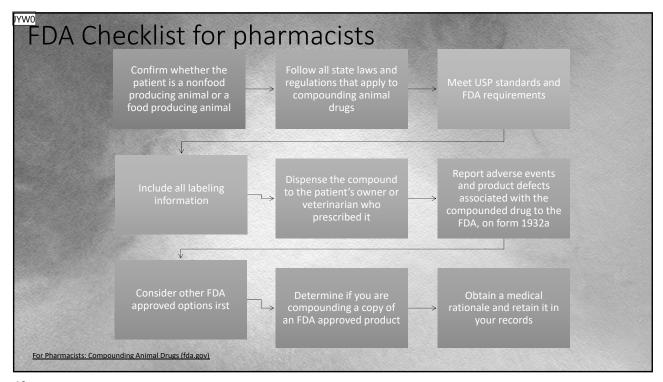
(GFI)#256 in effect as of 4/1/2023

- Compounding Animal Drugs from Bulk Drug Substances
- Allows pharmacies to purchase and use bulk drug substances from FDA registered suppliers if a certificate of analysis (COA) is included
- Requires compounders to report adverse effects to FDA within 15 days
- Veterinarians must provide patient specific detailed clinical information explaining why a pet cannot use an FDA approved manufactured product

Animal Drug Compounding | FDAhttps://www.fda.gov/animal-veterinary/unapproved-animal-drugs/animal-drug-compounding

JYW0 Needs a reference

Jeannette, 2024-04-02T15:30:55.818



Labeling (extra label) must include:

Report suspected adverse reactions to the pharmacist who compounded the drug and to FDA Using online Form FDA 1932a

This is a compounded drug, Not an FDA approved or indexed drug

Caution federal law restricts this drug to use by or on the order of a licensed veterinarian



For Pharmacists: Compounding Animal Drugs (fda.gov)

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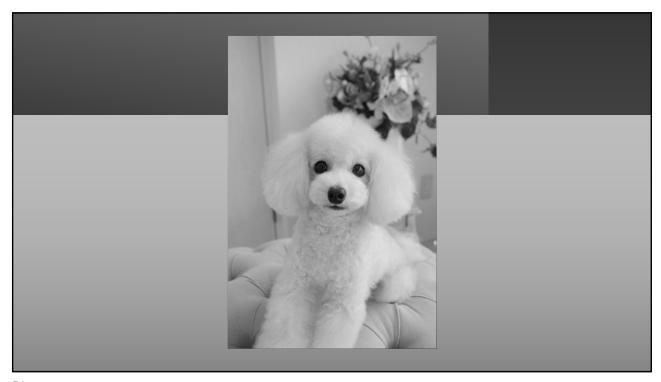
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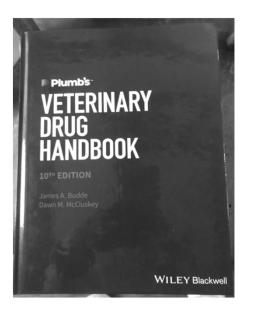
JYW0 Needs a reference

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How could this happen?

- The pharmacist did not know
 - the solution contained xylitol
 - xylitol was harmful to dogs
- The computer system had no drug utilization review process in place for veterinary drugs
- The pharmacy did not have a veterinary drug reference book or a veterinary formulary
- Most state boards of pharmacy do not require pharmacies to carry a veterinary drug reference book



Active learning!

What can be done to improve pharmacy personnel's knowledge of veterinary medications?

- A. Have a veterinary drug handbook in the pharmacy and make sure the computer system flags veterinary precautions
- B. Take a continuing education activity on veterinary pharmacy and require all other staff members to take it also
- C. Take out extra liability insurance and pray

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Husky Paws for Alaskan Malamutes

